### The making of lifetrients speak<sup>®</sup> (special pufa e and k)

Ten+ years in the making, lifetrients speak is the result of real life experiences from families who took action based on groundbreaking research regarding the role of essential fatty acids and antioxidants for child development.

After the exact formula was specified, the omega-3 experts at lifetrients partnered with the world's leading producers to find the purest ingredients in their appropriate biochemical form for optimal absorption and utilization. The result is lifetrients speak.



"I learned about speak from an online support group made up of parents; I wrote to the parents in the group in late December. As a result of my cry for help, immediately a number of parents in the group recommended that I try speak. I immediately ordered the starter kit and have been using it since January 3rd 2013 with my son who is 3.5 years old as well as my other son who is 1.5 years old. Thank you for such a wonderful product! I have already recommended it to the parents in the group and will continue to do so as we continue to see progress." \*

Faith in Delaware

Lifetrients speak contains the purest ingredients in precise ratios and forms. Ultra-purified and highly concentrated, the ingredients in speak are third party tested and meet or exceed all US and European standards for purity.

Lifetrients speak is made with non-GMO ingredients, and has been ultra-refined and distilled for purity.<sup>†</sup>



Lifetrients is one of the founding members of GOED, the Global Organization for EPA and DHA 0 M E G A - 3 omega-3. This esteemed association includes the finest processors, refiners, manufacturers, distributors, marketers, retailers, and supporters of omega-3.

### **GMP Registration by NSF**

PROUD

MEMBER

oedquality.co

NSF International's GMP **Registration Program enables** manufacturers to become independently registered by NSF



to meet GMP requirements. Good manufacturing practices (GMPs) are guidelines that provide a system of processes, procedures and documentation to assure a product has the identity. strength, composition, quality and that appear on its label. Lifetrients is proud of its commitment to safety and quality.

Made in the USA

†These statements have not

been evaluated by the Food

and Drug Administration. This

# lifetrients

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product is not intended to diagnose, treat, cure or prevent any disease.

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lifetrients speak

> The proprietary omega-3 + vitamin E formulation developed by a pediatrician for children with special nutritional requirements.<sup>†</sup>



#### Available online at www.lifetrients.com

### What is lifetrients speak?

Lifetrients speak is a proprietary formulation developed by a pediatrician for children with special nutritional requirements.

Lifetrients speak combines 7 concentrated nutrients in pre-measured, ultra-purified, hypo-allergenic doses.

### The nutrients in lifetrients speak provide benefits including:

- Supports cognitive function
- Provides antioxidant support
- Ultra-purified and concentrated formulation

"Thank you for making a superb product when you made speak. It is so nice as a mother of a special needs child to trust in a company to deliver such exceptional products. My son takes it every day and never complains. I know the importance of Omega's and vitamin E, and I am thrilled with your product. Thank you once again for all you do for our children." \*

Kristin in California



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a free bottle of speak to try and asked to provide us with their feedback

Read additional parental feedback at: www.lifetrients.com/community/testimonials/

### Why this particular formulation?

Formulated by a pediatrician and noted researcher, the speak formulation includes seven nutrients in precise servings and ratios for children with special nutritional needs. Lifetrients speak contains concentrated, ultra-purified omega-3 in addition to efficacious amounts



of two forms of vitamin E. Omega-3 supports cognitive function while vitamin E acts as a powerful antioxidant. Optimal

amounts of both d-alpha and gamma tocopherols function as key antioxidants and operate alongside omega-3 fats to support neurological health and provide essential nutrition. Due to the theoretical blood thinning effects of omega-3 and vitamin E, vitamin K (a normal and healthy blood clotting nutrient) is also included. Vitamin D3 may be of particular importance to this population of children and is included in the twist capsules, Pure Oil, and Smooth. The nutrients contained in speak are provided to address the dietary requirements of children with special nutritional needs.<sup>†</sup>





# We take the guesswork out of supplementation

Lifetrients speak provides ultra-purified and concentrated nutrients combined in a convenient serving resulting in greater ease of use for parents and children and a lower cost than purchasing individual ingredients separately.

The seven nutrients in speak are combined in capsules, simple, easy-to-use twist-off capsules, liquid Pure Oil, or in our delicious speak Smooth liquid emulsion.

Lifetrients speak is a hypo-allergenic formula and does not contain milk, egg, tree nuts, wheat, peanuts, yeast, gluten, casein, pork, sugar, starch, artificial flavors, colors or preservatives.<sup>†</sup>

"Our bottle arrived this past Saturday. On his first try, he was a little hesitant to try something new. I told him to smell it, then take his finger and take a small taste. He is now reminding us at breakfast and supper (our normal times) to get the Smooth or "orange stuff" out. He looks forward to taking his Smooth! My side of this is, it is so simple and easy to give him the speak this way. Like tonight, busy running around with after school activities. He made sure we got the Smooth out as we got home before bed. He really likes it!" \*

Matt in Bluffton, Ohio

# Choose the form of **speak** that is best for your child.

### speak Capsules

Original formulation speak Capsules for those children who prefer to swallow a capsule

## speak+d Twist-offs

speak+d Twist-offs for those who prefer an oil that can be squeezed out on a spoon or mixed into foods or beverages

# speak+d Pure Oil

speak+d Pure Oil for those who prefer a light tasting, odorless oil that can be administered on a spoon.

# speak+d Smooth

speak+d Smooth for those who prefer an orange-vanilla liquid emulsion with a delicious taste and consistency

### **Precise Dosage and Ratios** of Key Nutrients

Speak<sup>®</sup> is is the only formulation of its kind containing 7 key nutrients in precise doses and ratios developed for children with special nutritional needs. Each concentrated serving of our speak+d twist off capsules, Pure Oil, and Smooth contains 725 mg EPA, 275 mg DHA omega-3s, 500 IU d-alpha tocopherol (vitamin E), 200 mg gamma tocopherol (vitamin E), 1.15 mg vitamin K (K1 and K2), and 800 IU vitamin D3. Original formulation speak capsules contains 60 mg GLA, replacing the Vitamin D3.<sup>†</sup>

### What are the nutrients in speak?



**Considerations:** The nutrient blend in lifetrients speak has an excellent safety profile. When beginning supplementation, some individuals may experience loose stools but this typically resolves quickly; transient moodiness and increased tears are common in children during this period. Should unusual symptoms occur, consult your practitioner. There are increased concerns with individuals consuming products that thin blood and/or reduce fever. In case of accidental usage (e.g. sibling), avoid additional consumption. Always discuss use of dietary supplements with your healthcare provider.<sup>†</sup>

\* Disclaimer: Some parents who provided testimonials may have been given a free bottle of speak to try and asked to provide feedback.